

Energy check: which one describes how you are feeling RIGHT NOW and why? (provide visual based on topic)

- ☐ What is going well for you?
- ☐ What is going well for your child?

☐ What are you doing that is influencing how things are going?

- ☐ What do you (your family, your child) need in order to be successful?
- 3 wishes for the rest of the year 1.
 - 2.
 - 3.

Which one do you want to focus on first? Why?

☐ What do you need from me in order to make this happen?